

Dear Parents/Guardians,

Your child will be participating in the 4-H Safe at Home, Safe Alone program on \_\_\_\_\_.

This program will be delivered in a:

- Single classroom counseling lesson
- Multi-day classroom counseling unit
- ½ or full day grade level event

Virginia Cooperative Extension developed 4-H Safe at Home, Safe Alone to educate families about young children in self-care. This 4-H program prepares students to handle real-life situations at home and develops life skills that enable a child to stay home alone safely. This interactive program includes activities for internet and phone safety, key and door safety, kitchen safety and first aid that lay the groundwork for students to stay home safely when both you and they are ready for that to occur. Please note that the Prince William County Social Service Guidelines state a child between the ages of nine and ten may be unsupervised up to 1 ½ hours during the daylight/early evening; a child between the ages of eleven and twelve may be unsupervised up to 3 hours during daylight/early evening.

During the day(s) of the 4-H Safe at Home, Safe Alone instruction, your child may ask to have a family meeting, or to create a fire escape plan together or discuss home safety and self-care rules with you. Please ask your child to share what they learned.

Please contact \_\_\_\_\_ at \_\_\_\_\_ if you have any questions.

Thank you,

Professional School Counselor